**WCTSMA Phone Conference**

**Saturday October 8th, 2016 @ 6:00am**

Phone #: 888-617-3400

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**Agenda:**

1. **Winter Leadership - December 7th**
   1. Ice breakers
      1. Life support
      2. Mystery mover.
         1. Everyone stands in a big circle
         2. Person stands in the middle has to guess who’s changing the motion of the group.
         3. People to people.
            1. Shout out an anatomical landmark, point it out on a person. (be conservative with landmarks chosen)
      3. How much do you use?
         1. Pass the roll of toilet paper around and they'll them to take how ever much they need to get the job done. Then tell then to say something about them for every square they use. (small group)
   2. Leadership Breakout Groups
      1. Each rotation is 10-15 minutes long, they’ll be able to go through each officer.
         1. Balloon game- tie a balloon around the ankle and try to pop it and see the tag on the inside that tells them where to go.
      2. Each officer assigned to leadership topic. -Create the games for your topic.
         1. Relate the topic to a part of the body.
            1. Ex: strong-femur, flexible-hammys.
         2. Positive attitude
            1. Split groups up into 2 separate groups and have one person from each group complete a task and reward the loudest team.
            2. Two people with fanny packs and two people try to throw a tape roll into the fanny pack.
         3. Good communication
            1. Telephone game.
            2. charades.
         4. Positive goals
            1. Pick a part of the body that relates to goals that a person could have.

Ex: A good body part would be eyes because they look towards the future.

* + - 1. Accepting of others
      2. Perseverance
  1. Speaker- $300-$500. 45-60 minutes. Meet 20 minutes before with us.
     1. Kelby Kilburn
        1. Made contact, haven’t heard back.
        2. Wait for email then call him if he doesn't respond within the next few days.
     2. Brad Hawkins
     3. Collin Henderson
        1. Made contact, havent heard back

Others

1. **Civic Engagement Day - February 1st**
   1. Student Liaisons encouraging students from other schools to attend
   2. Find your legislators and set up appointments for 2/1/17
      1. Make contact in december because they could possibly change.
      2. Tables on the 3rd and 4th floor.
2. **State - April 14-15th**
   1. Speaker ideas(possibly Jake Locker)
      1. Diimmel approved.
      2. Keep others in mind in the event he can't do it.
         1. John Norlin
         2. Eric McElvenny
   2. State T-Shirt Design Contest
      1. Needs to be done soon so we have all of them by winter leadership. -will be decided at winter leadership.
      2. Designs will go to presidents.
      3. Advertise the idea to more schools

Ice breakers

1. **Social Media**
   1. Promotion for Winter Leadership(Goal: 500 students) and Civic Engagement Day
      1. Get the flyer sent out.
      2. Emails for the student reps.
      3. Post the flyer on twitter and advertise that way.
         1. More social media buildup.
         2. Video on the speaker advertising to help increase interest
         3. Countdown towards winter leadership. Thought for the day, survey for the day.
   2. “Sports Medicine Challenge” videos
      1. Als ice bucket challenge
      2. Take a video of how their sports medicine programs work, then challenge other schools. Post it somewhere and then show them at winter leadership as well.
   3. Emails for ALL Student Reps
   4. National student organization has been formed.
      1. Motivate instructors and advisors to follow through.
      2. National honors society.
2. **Venice High School**
   1. Sending a card/other option to honor their sports medicine student who passed away
      1. Moment of silence at winter leadership (or state).
      2. Get a card started up saying WCTSMA was thinking of you.
   2. Presidents need to get letter out and about.
      1. Send it to advisors along with the new winter leadership flyer.

**6. NHSSM-NHSSMA ( national organization, discussed above)**

1. Chapter registrations
2. National competition
   1. National student organization has been formed.
      1. Motivate instructors and advisors to follow through.
      2. National honors society.

Call to action:

* Next saturday, have a speaker, get the ball rolling a little faster and make more contact with the speakers.
* Break out groups- think a little more on activities.
* Card for venice
* Partners
  + Kyanna and Graysen
  + Solena and Alex
  + Sierra and Nolan
  + Piper and Robert
  + Sabrina and Hailey